



VIVEKANANDA GLOBAL UNIVERSITY, JAIPUR

(Established by Act 11/2012 of Rajasthan Govt. Covered under s 2(f) of UGC Act, 1956)

NAAC
ACCREDITED
A+
UNIVERSITY

VGU/2024-25/757

10/10/2024

Notice
Department of Development Studies
Mental Health Day Celebration

In honor of World Mental Health Day, Department of Development Studies is organizing a special movie screening and discussion of "Inside out". It is an insightful and thought-provoking film that explores importance of emotional well-being and mental health. Join us in celebrating and promoting awareness for mental well-being. All are invited to participate.

Details are as follows:

Date: 10th October 2024

Venue: LT 306 (Admin Block)

Time: 02:30 - 4:30 P.M.

Dr. Anushree Gaur

Ms. Tavishi Limaye

Dr. Nidhi Sharma

Faculty Co-ordinator

Department of Development Studies

Ms. Yamini Kaushik

Head of Department

Department of Development Studies

Copy to: Acting President/Pro-President (RA)/CF&AO/Registrar/Provost/All Deans/All Associate Deans/All HOD's/~~ICE~~/IQAC/Notice Board/ Office File /**MC**

Sector-36, NRIRoad,Jagatpura,Jaipur-303012(Raj.)Website:www.vgu.ac.in•E-mail:info@vgu.ac.in

Ph:0141-2851000TollFreeNo.:1800-3-131415PANNo:AAATB5678HIGSTIN:08AAATB5678H1ZL

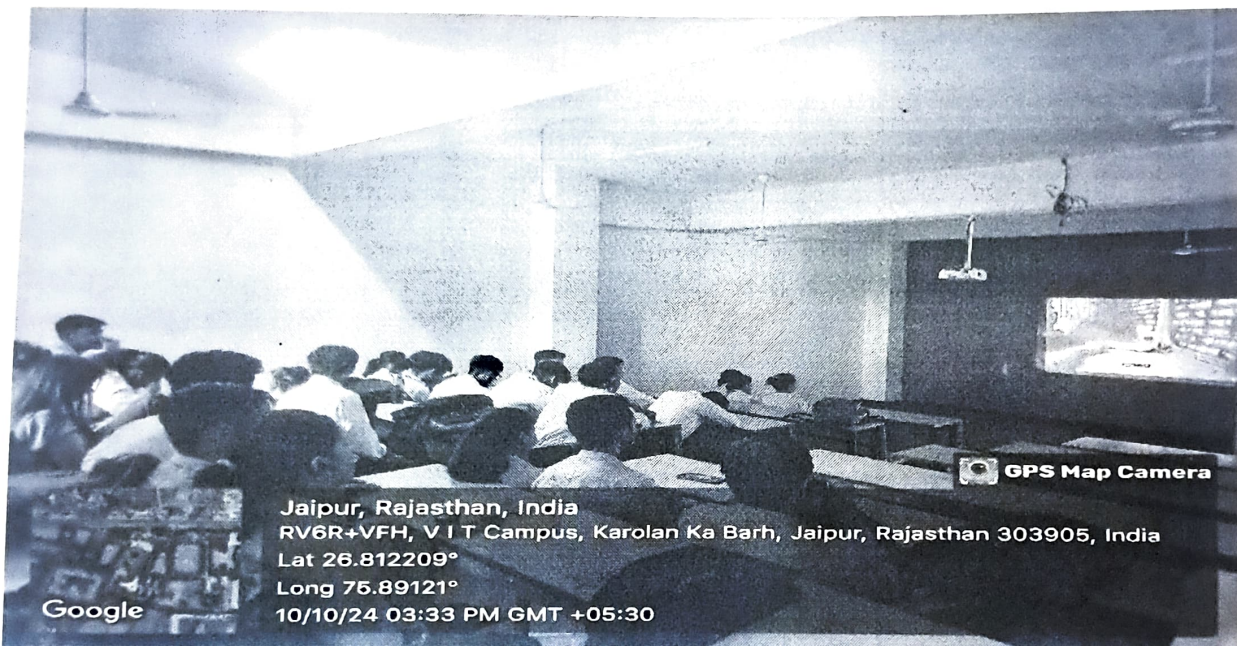
Report on Movie Screening of "Inside Out" on World Mental Health Day 2024

On October 10, 2024, the university hosted a screening of the animated film "Inside Out" to commemorate World Mental Health Day. The event took place in the university LT- 206 and was attended by approximately 30-40 students and faculty members. The screening aimed to raise awareness about mental health and promote discussions about emotional well-being.

"Inside Out" explores the inner workings of the mind of an 11-year-old girl named Riley, focusing on her emotions—Joy, Sadness, Anger, Fear, and Disgust—as they navigate her experiences during a significant life change. The film offers a unique and engaging perspective on how emotions interact and influence behavior, making it a fitting choice for the occasion.

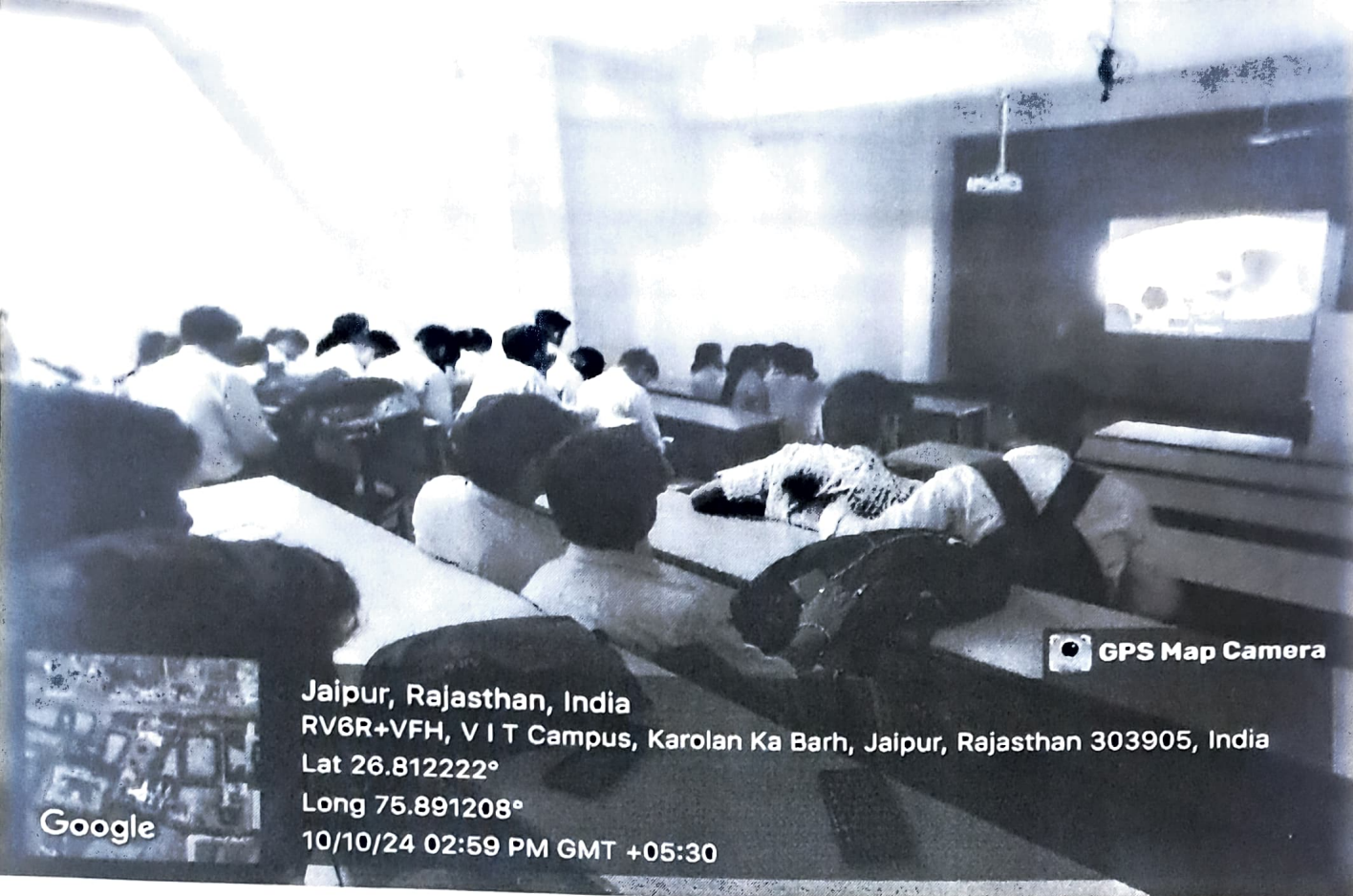
Feedback from attendees was overwhelmingly positive, with many appreciating the film's relatable portrayal of emotions and its insights into the importance of understanding and expressing feelings. The screening successfully fostered an environment for reflection on mental health issues and encouraged viewers to consider their own emotional experiences.

Overall, the event achieved its goal of promoting mental health awareness within the university community, and plans for future initiatives and discussions on this important topic are anticipated.



Jaipur, Rajasthan, India
RV6R+VFH, V I T Campus, Karolan Ka Barh, Jaipur, Rajasthan 303905, India
Lat 26.812209°
Long 75.89121°
10/10/24 03:33 PM GMT +05:30

Google



Jaipur, Rajasthan, India

RV6R+VFH, V I T Campus, Karolan Ka Barh, Jaipur, Rajasthan 303905, India

Lat 26.812222°

Long 75.891208°

10/10/24 02:59 PM GMT +05:30



Jaipur Division, Rajasthan, India

RV6R+VFH, V I T Campus, Karolan Ka Barh, Jaipur, Rajasthan

Long 75.891226°

Lat 26.812185°

10/10/2024 04:23 PM



VIVEKANANDA GLOBAL UNIVERSITY, JAIPUR

(Established by Act 11/2012 of Rajasthan Govt. Covered under s2(f) of UGC Act, 1956)

NAAC
ACCREDITED
A+
UNIVERSITY

Feedback Form

Name of The Event – *Mental Health Days.*

Date of The Event *10 October, 2024*

Name of Student – *Bhavika Gupta*

Enrollment no. *23HSS2BA023*

Programme/Semester - *III Sem (Development Studies)*

Feedback - *It was a great event. Learned a lot about mental health. It was a pleasure attending the event.*

Bhavika
12/11/24.

Signature of students with date

Signature of coordinator



VIVEKANANDA GLOBAL UNIVERSITY, JAIPUR

(Established by Act 11 2012 of Rajasthan Govt. Covered under s2(f) of UGC Act, 1956)



Feedback Form

Name of The Event - Mental Health Day

Date of The Event 10/10/24

Name of Student - RAJPAL MEENA

Enrollment no. 23HSS2BA021

Programme/Semester - IIIrd

Feedback -

Thank you for making us aware about ourselves, the day to day condition or changes that we going through in the adolescent.

It was very informative event about Depression anxiety, mood swings. Thank you so much for arranging this kind of event

Signature of students with date

Signature of coordinator



VIVEKANANDA GLOBAL UNIVERSITY, JAIPUR

(Established by Act 11/2012 of Rajasthan Govt. Covered under s2(f) of UGC Act, 1956)

NAAC
ACCREDITED
A+
UNIVERSITY

Feedback Form

Name of The Event - Mental Health Day

Date of The Event 10-10-24

Name of Student - Grounel Sharma

Enrollment no. 23H332PP006

Programme/Semester - IIIrd

Feedback - Thank for making us aware about ourselves, the day to day condition or changes that we are going through in the adolescent. It was very informative event about Depression anxiety, mood swings. Thank you so much for arranging this kind of event.

Signature of students with date

Signature of coordinator



VIVEKANANDA GLOBAL UNIVERSITY, JAIPUR

(Established by Act 11 2012 of Rajasthan Govt. Covered under s2(f) of UGC Act, 1956)

NAAC
ACCREDITED
A+
UNIVERSITY

Feedback Form

Name of The Event - *Mental Health Day*

Date of The Event *10 oct 2024*

Name of Student - *Vin Arjun Jangid*

Enrollment no. *23HSS357003*

Programme/Semester - *3rd Sem MA (Psy)*

Feedback - *Sweet as Candy. Gained a lot knowledge about the mental health and cures.*

[Signature]
12/10/24

Signature of students with date

Signature of coordinator



VIVEKANANDA GLOBAL UNIVERSITY, JAIPUR

(Established by Act 11/2012 of Rajasthan Govt. Covered under s2(f) of UGC Act, 1956)

NAAC
ACCREDITED
A+
UNIVERSITY

Feedback Form

Name of The Event - Mental Health Day

Date of The Event - 10-10-24

Name of Student - Rajhal Meena

Enrollment no. - 23HSS2BA

Programme/Semester - BA (Hons.) Economics

Feedback - Thank you for making us aware about ourselves, the day-to-day condition or changes that we are going through in the adolescent. It was very informative event about Depression, Anxiety, Mood Swings. Thank you so much for arranging this kind of event.


Signature of students with date

Signature of coordinator